



FCOA NEWS

The mission of the "Friends" is to raise funds that enhance programs and services available to Seniors through the Council on Aging

Lee Ford.....President
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OCTOBER 2026 – FCOA KEEPING YOU INFORMED.

THANK YOU, SARAH PLAYER for your hard work and diligence in bringing so many wonderful vendors and not-for-profit organizations to the **Wellness Resource Fair**. So much information was shared. **Atria Assisted Living** brought in 200 grab-and-go lunches. **Jonathan Hersey** brought a team from **Stop and Shop Pharmacy**, to administer flu and Covid shots, shingles and pneumonia shots. **Amesbury Furniture** demonstrated a living room "Lift Chair", and held a drawing for a lovely end table. Congratulations to Linda Germano on winning this table. Thank you to ALL who participated on this great day, including our greater than 150 visitors. Our sponsors are listed in a special "Thank You" elsewhere in this newsletter, and their names will be on display in the first-floor hallway.

THANK YOU TO OUR ALL OF OUR SPONSORS

In addition to the Wellness Resource Fair, COA also presented an **Ice Cream Social** and our long-awaited **Summer Cookout**, both of which were held in the Great Room. If you missed these, you missed two really fun times. Thank you for ice cream, hot dogs, hamburgers, and buns, and so much more to **Biggart's Ice Cream**, **Hodgies Ice Cream**, **Vermette's**, and **Shaheen Brothers** for their contributions.

While we are thanking people, THANK YOU to **Stop and Shop Market** for their donation of our monthly birthday cake. Please shop with our very generous donors and don't forget to thank them.

THANK YOU TO ALL WHO VOLUNTEER WITH FCOA. You are more valuable to us than you know.

HOMELESS FUND AND PET CARE

ASSISTANCE – In 2024, through specified donations, FCOA had set up HOMELESS and PET CARE Funds. With these funds, the Council on Aging has been able to provide qualified individuals with small assistance. Unfortunately, both of these funds are nearly depleted and, sadly, homelessness is increasing in our community, and pets are increasingly in need of veterinary help. **We are appealing to you to help us** bring these funds back to where we can again offer assistance to the COA.

SAVE THESE IMPORTANT DATES – **November 7th (Saturday)** our **Holiday Craft Fair from 9-2**. and COA's **Senior Holiday Luncheon** on Wednesday **December 9th**. (Details to come at a later date)

THRIFT SHOP NEWS – We have moved! Visit our new location **IN FRONT OF THE ELEVATOR**. Check out our **Fall Fashions and upcoming SALES**. Monday-Thursday 10am – 2pm.

DONATIONS – Thank you for your recent donations: Jeannine and Bart Bailey, Jane Leach, Dot Perrin, Jean Bashaw, Jacqueline Shina, Ron Pressler. Thank you, also, Louise Gosselin and Marianne Kolodziej for your donations in honor of Bev Shapiro.

CONTACT US – at (978) 518-0377. Do not leave messages for COA on this phone. **EMAIL us** amesburyfcoa68@gmail.com. Phone and email are monitored by volunteers and will be responded to as soon as possible. **Mail: FCOA at 68 Elm Street.** friendsamesburyseniors.org. With Gratitude for Your Continuing Support, Your FCOA Board

FCOA meetings generally occur the first Monday of the month at 9 AM