



## FCOA NEWS

*The mission of the "Friends" is to raise funds to enhance programs and services available to Seniors through the Council on Aging*

- Lee Ford..... President
- R. Kathy Berman ..... Treasurer
- Claire Amirault..... Director Emeritus
- Donna Collins..... Secretary
- Jane Leach..... Member-At Large
- Nora Sheridan ..... Member-At-Large
- Joan Merrill..... Member-At-Large
- Cathy Spell ..... Member-At-Large

### JUNE 2026 – PLEASE READ OUR COLUMN!

**A NOTE FROM THE BOARD OF DIRECTORS** – We keep you informed on FCOA news and changes via this column.

Previously, we announced that membership cards will no longer be issued, since this is a very costly process and membership can be verified at COA Reception when you sign up for one of the two events offering a discount (June BBQ and December Holiday Party).

**EXERCISE AND YOGA CLASSES** – In March, we instituted a Suggested Donation of \$2.00 for exercise classes. While FCOA has been proud to pay for these classes for the past three years, donations are down and our cost of \$250 per week is becoming a strain on our budget.

We thank you for your donations and remind you that classes are open to ALL. Cash or checks are welcome in the donation box near the Greeter’s desk, by mail, or by using the Paypal button on our website. Be sure to designate “exercise” on donation.

**MEMBERSHIP IS IMPORTANT.** At just \$15 per year, **250 members would give us \$3,750** to pay for more COA programs and events that are enjoyed by so many of you.

**COA EVENTS** – We encourage you to sign up for and attend COA events. The staff is working hard to bring fun entertainment to you. The Magic Show in April and the Baby Goats Mingle in May were lots of fun; and the monthly birthday party entertainers are very good.

**PENNY MILL THRIFT SHOP** – Recently, we received a donation which included some gold and silver jewelry. We have realized **greater than \$350** from sales of these pieces, and have a few pieces left. We are sorry that the donor did not leave contact information, so we could send a “Thank You” note. So, thank you, Donor, for your very generous donation.

**DONATIONS** – Thank you for the following donations:

- Wishing a return to good health to Karena Morse, from Dot Perron.
- Wishing a speedy recovery to Cynthia Costello, from anonymous.

### DON'T FORGET TO SIGN UP FOR EVENTS!

**CONTACT US** at [amesburycoa68@gmail.com](mailto:amesburycoa68@gmail.com) or by phone **(978) 518-0377**. Leave a message and we will return your call. We do not have an extension at the Senior Center. Mail us at 68 Elm Street. Our website is [friendsamesburyseniors.org](http://friendsamesburyseniors.org).

With Gratitude for Your Continuing Support,  
Your FCOA Board

## FCOA - FRIENDS OF THE AMESBURY COUNCIL ON AGING, INC.

Combined Membership Application and Donation Form - January 1 through December 31, 2026.

**YOUR GENEROSITY HELPS SUPPORT SENIOR CENTER PROGRAMS AND SERVICES.**

PLEASE PRINT! New  Renewal  If renewing, okay to omit info that has not changed.

NAME		DATE of BIRTH
NAME (If Joint membership)		DATE of BIRTH
ADDRESS		
CITY	STATE	ZIP
PHONE (home)	(cell)	
EMAIL		

**Circle Membership Level** - Single \$15.00 Joint (couple) \$30.00 Benefactor \$50.00 Bronze \$100  
Silver \$ 500.00 Gold \$1,000.00 Platinum \$2,500.00 Other Donation \$ \_\_\_\_\_  
Specify Purpose \_\_\_\_\_

Need more space? Use reverse of this form.

**I'm Interested in Volunteering for:** Events or fairs setup/breakdown  Penny Mill Thrift Shop   
Health Fair @ SC  Advertising  Solicitation of Donations  Other \_\_\_\_\_

Membership and donations may be mailed to **FCOA 68 Elm Street, Amesbury MA 01913** or left at the Penny Mill  
Credit cards accepted through our website **friendsamesburyseniors.org**

Contact us at [amesburycoa68@gmail.com](mailto:amesburycoa68@gmail.com) or leave a message at (978) 518-0377

FCOA is a 501(c)(3) organization. Donations are tax deductible as allowed by law. **ID number 04-3297941**

**WE ARE GRATEFUL FOR YOUR SUPPORT AND INTEREST.**