

**FCOA NEWS**

The mission of the "Friends" is to raise funds to enhance programs and services available to Seniors through the Council on Aging

Lee Ford.....President
 R. Kathy Berman.....Treasurer
 Claire Amirault.....Director Emeritus
 Donna Collins.....Secretary
 Jane Leach.....Member-At Large
 Nora Sheridan.....Member-At-Large
 Joan Merrill.....Member-At-Large
 Cathy Spell.....Member-At-Large

IT'S OCTOBER. DON'T YOU JUST LOVE FALL WEATHER?

LIVE WELL AMESBURY FESTIVAL –

On Saturday, September 6th, we hosted tables donated by AgeSpan. Music was provided by John DiTomasso. Adult Foster Care NS provided hats and swag, and paid for his entertainment. Special thanks to all vendors who sponsored our tables through their financial generosity, including Lectric Connection, BankProv, Stop & Shop Pharmacy, AgeSpan, Atria, Avita, and Holmes Physical Therapy. Of course, we could not do this without our dedicated volunteers.

FLU SHOTS – In conjunction with the Live Well Amesbury Festival, a Vaccine Clinic was held at the Senior Center. Stop and Shop Pharmacy provided two employees who administered 70 vaccines to 57 seniors. These vaccines included flu, Covid, pneumonia, and first-round shingles shots.

DON'T FORGET HOLIDAY CRAFT FAIR – SATURDAY, NOVEMBER 1st

This is an important fundraiser for FCOA. Please plan on attending from 9am-2pm. Tables are selling fast, so contact us ASAP if you are interested in a table to sell your holiday wares or homemade crafts. Returning that day is the legendary Blankets for Kids giveaway. Tickets sell out fast and early. Volunteer with us on that day. It will give you a first-hand look at the items for sale, and be among the first to enjoy the offerings.

Thank You For Your Memorial Contribution:

In memory of Michael Bradshaw, from Jean Bradshaw

Please consider joining the FCOA this year, using this form. We are Grateful for your support.

Contact us at amesburyfcoa68@gmail.com or by phone 978-518-0377. Your FCOA Board of Directors

FCOA - FRIENDS OF THE AMESBURY COUNCIL ON AGING, INC.

Membership Application - January 1 through December 31.

YOUR MEMBERSHIP HELPS SUPPORT SENIOR CENTER PROGRAMS AND SERVICES.

PLEASE PRINT ALL INFO. Check one New _____ Renewing _____

**Renewing members please fill in all info, to be sure your contact information is up-to-date.

NAME		DATE of BIRTH	
NAME (If Joint membership)		DATE of BIRTH	
ADDRESS			
CITY		STATE	ZIP
PHONE (home)		(cell)	
EMAIL			
**Circle membership level			
SINGLE	\$ 15.00	JOINT (couple)	\$ 30.00
BENEFACTOR	\$ 50.00	BRONZE	\$ 100.00
GOLD	\$1,000.00	PLATINUM	\$2,500.00
		SILVER	\$ 500.00
		OTHER DONATION \$ _____	
CONTACT ME TO VOLUNTEER AT: (Circle all that apply)			
Event setup / breakdown	Penny Mill Thrift Shop	Craft Fairs	Health Fair / Health Festival
Meetings	Other:		
If Other, please specify -			
Do you have any interests or skills you could share ? Please write them below.			
Checks payable to FCOA may be mailed to: FCOA, 68 Elm Street, Amesbury MA 01913			
Checks or cash may also be dropped off at the Penny Mill, second floor at the Senior Center.			
IMPORTANT **if leaving cash, place the money in a SEALED envelope with your application.			
FCOA is a 501(c)(3) organization. Donations are tax deductible as allowed by law. ID number 04-3297941			
Contact us at amesburyfcoa68@gmail.com or leave a message at (978) 388-8138, ext 555			
WE ARE GRATEFUL FOR YOUR SUPPORT AND INTEREST.			

