



## FCOA NEWS

*The mission of the "Friends" is to raise funds to enhance programs and services available to Seniors through the Council on Aging"*

**Lee Ford**- President  
**R. Kathy Berman**-Treasurer  
**Claire Amirault**—Director Emeritus  
**Donna Collins**—Member-At-Large  
**Jane Leach**- Member-At-Large  
**Nora Sheridan**- Member-At-Large  
**Joan Merrill** - Member-At-Large  
**Cathy Spell**- Member-At-Large

## YIKES! The Dog Days of Summer are upon us!

LOTS OF NEWS THIS MONTH. PLEASE CONTACT US IF YOU HAVE ANY QUESTIONS.

## BOARD OF DIRECTORS

Thank you to all who voted in this year's election. All incumbents were voted back in, for another two years. While we were saddened to receive the resignations of Beth Scaparotti and Helen Wheeler, we are excited to announce to announce the addition of Cathy Spell and Joan Merrill to our Board.

## DON'T FORGET \*\*\* MONDAY, AUGUST 4<sup>TH</sup> from 10:00-11:00am

Join us for coffee with the Board. Get updates on our fiscal year finances, and learn about events both planned and being considered. Your input is important to us.

## LIVE WELL AMESBURY FESTIVAL – SATURDAY, SEPTEMBER 6<sup>th</sup>

Plan on attending this great annual event in downtown Amesbury. Fun and food for all. Join us at the FCOA area on the Bullnose for a mini Health Fair. Information and free give-aways for older adults will be available from our sponsors.

We are also looking for volunteers. No heavy lifting.

## FLU SHOTS – SATURDAY, SEPTEMBER 6<sup>TH</sup> AT THE SENIOR CENTER

Note the date. This is on Saturday, rather than on Friday. Sign up now at the Reception Desk for your annual flu shot. ALSO available this year will be Pneumonia Shots and first round of Shingles Shots, BUT you must specify those in advance.

## HOLIDAY CRAFT FAIR – SATURDAY, NOVEMBER 1<sup>st</sup>

This year, FCOA will be holding its craft fair at the Senior Center one week earlier than the Council of Churches date, due to conflict of space. Take this opportunity to volunteer and shop with our crafters on that day. It will free us all up so we can attend the Council of Churches fair and Artists Open Studio Tour the following weekend.

## THANK YOU TO THE FOLLOWING DONORS FOR YOUR MEMORIAL CONTRIBUTIONS:

*In memory of:*

Jackie Storti, from Judy Bornstein  
 Richard Stewart Sr, beloved father of Rich Stewart, from Kathy and Phil Berman  
 Nicholas (Nick) Costello, beloved husband of Cynthia Costello, from Lee Ford  
 Sam Raby, beloved grandson of Jane Leach, from Jane Leach

*Memorials or honorariums are always acknowledged to the person or family you have chosen. We are ever Grateful for Everyone's support. Contact us at [amesburycoa68@gmail.com](mailto:amesburycoa68@gmail.com) or by phone (978) 518-0377.*

Your FCOA Board of Directors

## DONATION FORM – Friends of the Amesbury Council on Aging, Inc.



Name \_\_\_\_\_ Amount \_\_\_\_\_

Address \_\_\_\_\_

In Memory of/Honor of \_\_\_\_\_

General \_\_\_\_ Pet Fund \_\_\_\_ \*\*Memorial \_\_\_\_ \*\*In Honor of \_\_\_\_ Other \_\_\_\_

\*\*Provide Name and Address of Person or Family to notify of your donation.