

# WHAT DOES FCOA DO WITH FUNDS RAISED?

SOME OF YOU HAVE ASKED WHAT THE FUNDS  
WE RAISE ARE USED FOR. THIS LEADS ME TO  
THINK THAT MORE OF YOU ARE WONDERING,  
BUT DON'T WANT TO "BOTHER US" BY  
ASKING. PLEASE LET ME ASSURE YOU THAT  
YOU ARE NOT A BOTHER.



[CLICK FOR SLIDESHOW](#)





## **FUNDS RAISED BY THE FCOA**

All funds raised by FCOA are used solely to support Amesbury Council on Aging ("COA") programs and services, which is our obligation according to Massachusetts Council on Aging rules. We cannot donate funds to any other non-profit organization, no matter how honorable that organization may be.



**OUR CONTINUING  
SPONSORSHIP  
INCLUDES, BUT IS  
NOT LIMITED TO,**

**Free  
exercise  
classes,**



**Balance Class**



**GROUP FITNESS CLASS**



Thursdays at 9 am



**EXERCISE for  
EVERYONE**

**GROUP FITNESS CLASS**

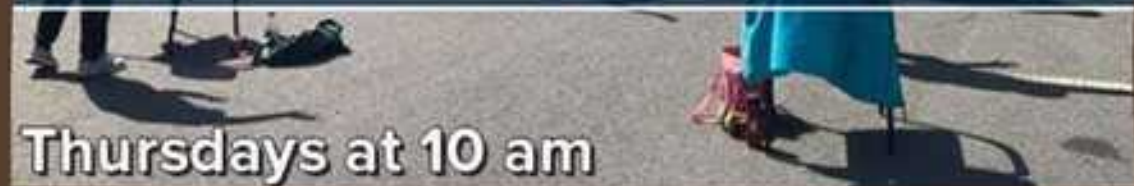


Wednesdays  
at 10:30 am

**Fit for All**



**GROUP FITNESS CLASS**



Thursdays at 10 am



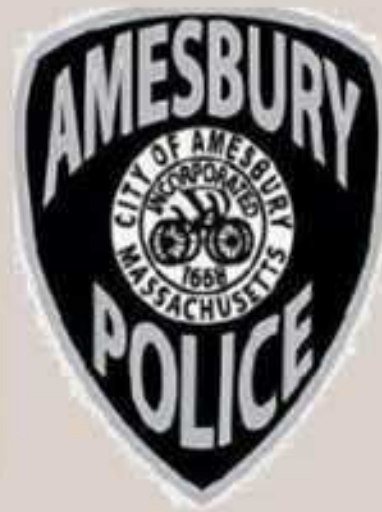


FREE MOVIES & POPCORN



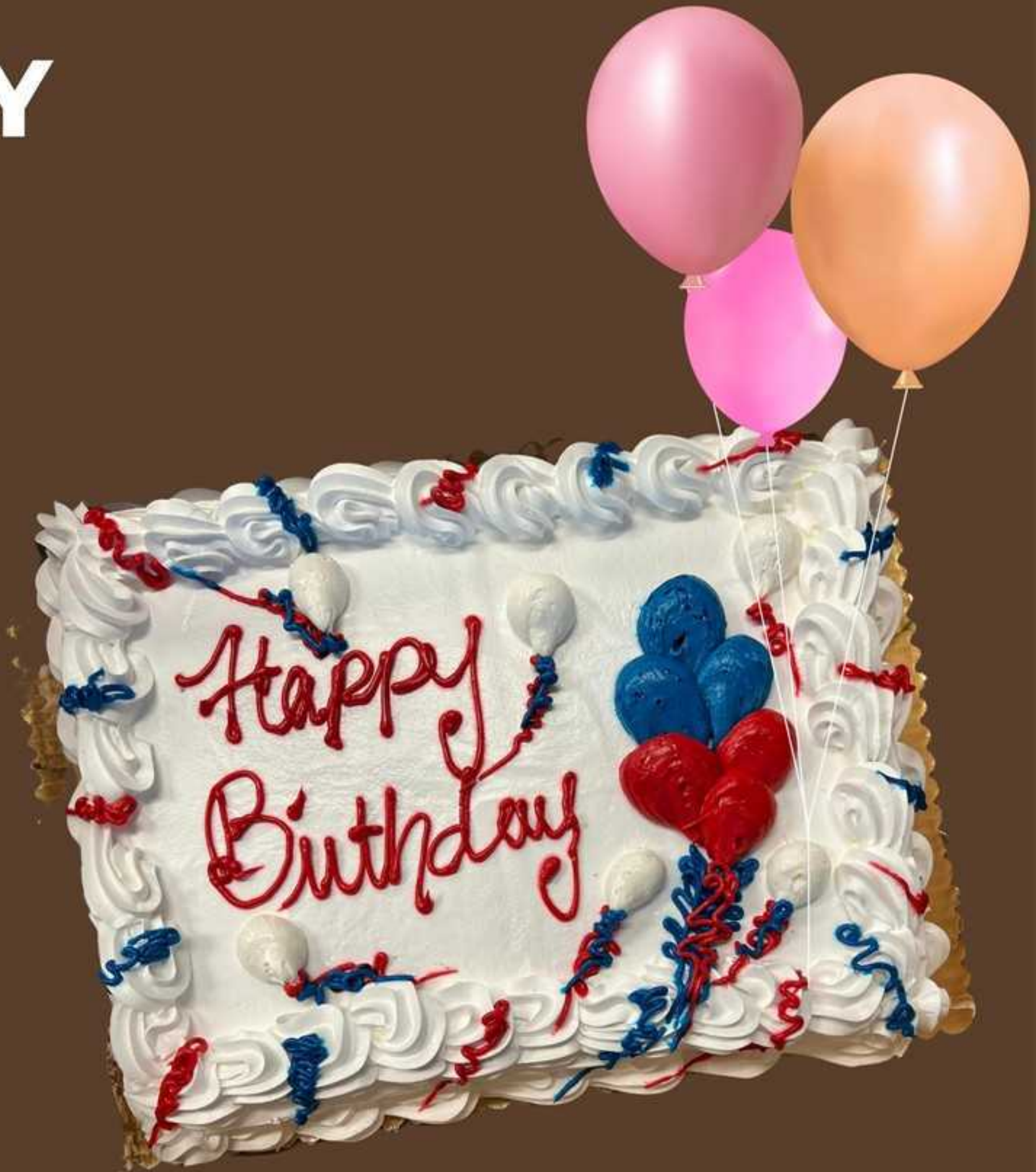


# THE MONTHLY BREAKFAST WITH THE CHIEFS





# BIRTHDAY PARTY





Arts & Crafts  
w/Clair



# ARTS & CRAFTS CLASSES



Free!

Watercolor  
Painting  
*with Muriel*  
every Monday at 10 am





# COA'S "VETERANS' THANK YOU BREAKFAST".





FCOA subsidizes the  
**Annual COA Holiday Luncheon**  
**& Summer Cookout**





**Additionally, we have purchased much-needed equipment for the COA and Center like the Generator for outdoor activities; Storage Shed; Computer for member Check-in; the commercial Popcorn Machine; Laptop Computer for COA use; the new Coffee Maker; Christmas tree and Menorah for the Great Room; Rolling Carts; and Outdoor Planters to spruce up the COA. Know that all purchases are given careful consideration by your Board of Directors and COA personnel, who are diligent in selecting quality items at the best reasonable costs.**





# THANK YOU

Friends of the Amesbury Council on Aging, Inc. is a 503(c) (3) non-profit organization that raises funds to support and expand the programming and services for Seniors of the Amesbury Council on Aging. Funds are raised through special events, grants, bequests, business and individual donations, in-kind donations, and fundraising events. All of this is accomplished solely through volunteer efforts.

Federal ID number: 04-3297941.

**Friends of the Amesbury Council on Aging, Inc.**





# CONTACT US



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